



Co-funded by the
Erasmus+ Programme
of the European Union

Power Competencies

Dear partners and participants, in this document you will find important information about our training course “Power on Competencies” that will be held from 26th of March until 04th of April in Pogradec, Albania.

This Information Pack shall provide you with all the necessary information to guarantee a great, interesting, educational, funny, respectful, joyful and creative experience under the guidelines of the EU Erasmus + Programme.



SEMINAR DATES

Seminar starts on Friday, 26th of March 2020
Seminar ends on Saturday, 4th of April 2020



The Project will be implemented by “Together for Life” in Albania in partnership with 5 partners from Bulgaria, Italy, Kosovo*, Romania and Slovenia.

- [Together for Life \(Albania\)](#)
- [Mladezhko Evropeisko Obshtestvo \(Bulgaria\)](#)
- [Associazione Studenti per la Citta \(Italy\)](#)
- [Better Life in Kosova \(Kosovo*\)](#)
- [Asociatia D.G.T \(Romania\)](#)
- [Mladinski Center Bit \(Slovenia\)](#)



Co-funded by the
Erasmus+ Programme
of the European Union



POWER ON COMPETENCIES



Power ON Competencies aims:

- To raise capacities of 6 partner organizations in the topic of youth empowerment and social rights through multimedia.
- To equip youth workers with skills & competencies for empowering young people with fewer opportunities



Co-funded by the
Erasmus+ Programme
of the European Union



TFL
TOGETHER FOR LIFE



YOUTH EUROPEAN SOCIETY



STUDENTI
per la città



blink
Better Life in Kosovo



D.G.T.
*Do Great Things
...and leave your mark*



mladinSKI center

Objectives of the project:



- To provide youth workers with the concept of empowerment and active participation of young people with fewer opportunities and generate creative solutions
- To highlight the role of the Key-Competencies within Youth pass for youth empowerment and supporting young people in the process of acknowledging of these competencies
- To improve youth workers' competencies on promoting of youth empowerment competence of young people and fostering their active participation;
- To provide youth workers with skills and knowledge on how efficiently and creatively use new media and communication tools (social media, multimedia and photography) for fostering and encouraging young people to be agents of social- economic and political changes in the society
- To promote sharing of knowledge, ideas & good practices among participants promoting intercultural dialogue and valorizing the active contribution of all participants
- To promote Erasmus + program and non-formal education approach as a powerful tool for young people engagement in everyday life in protection of marginalized youth
- To exchange expertise among experienced youth workers in youth empowerment and active participation creating strong partnerships for other long term project among the partners of the consortium
- The project encourages the participation of youngsters socially disadvantaged and with fewer opportunities to participate actively and give them a chance to be included and rise up their voice through using the freedom of speech through youth work.

Participants



- 30 participants will take part in the training course for 8 days
- Participants age is 18+
- All of the participants are expected to be active in youth work either voluntarily or professionally:
 - Youth workers – actively working with youth within non-formal education
 - Knowledge of English language enabling an active participation in the training.
 - Willingness to share acquired knowledge and skills in her / his local environment

Special attention will be paid in ensuring full gender balance



Co-funded by the
Erasmus+ Programme
of the European Union



ACCOMMODATION & TRANSPORT



**ACCOMMODATION AND FOOD:
100% COVERED BY ERASMUS + PROGRAM**

**TRAVEL COSTS:
ARE BUDGETED ACCORDING ERASMUS +
CONDITIONS**

Partners and number of participants:

- Albania – 8 participants
- Bulgaria - 5 participants
- Italy - 5 participants
- Kosovo* - 4 participants
- Rumania - 4 participants
- Slovenia - 4 participants

WHAT TO BRING?



- Your personal staff. Check the forecast before departing.
- Your own laptop (if you have). There is free wi-fi available in the hotel and you will need it for some activities.
- Inform (send an email to) the organizers if you have any **health issues** that we should be aware of. **All information will be kept in strict confidence!**
- National goods that you usually offer with tea or coffee. You can offer them during the coffee break, so that other participants can learn about your culture.
- Bring some traditional food and drinks for intercultural evening.
- Download the offline map of Pogradec to your mobile phone. It can be very useful in helping you to get around the city.
- All of the data you will provide to us will be kept in confidence. However, in order to protect everyone's privacy, please ask other participants for their permission before posting some content online. Also, intellectual property rights of the experts/trainers/facilitators are protected so we would kindly ask you to get their approval for every recording, taking pictures or live streaming during the training sessions.

PROOF OF ALL THE TRAVEL EXPENSES



- If you come by plane, please be sure to bring evidence of the sum actually paid (invoice) and boarding pass. Electronic tickets will only be considered as acceptable on proof of payment (invoice) and on presentation of the boarding pass for the outward journey. Please keep in mind the travel rules of the ERASMUS PLUS Program. If you come by train or bus do not forget to buy a return ticket. Please copy your tickets before you leave your home.

For the reimbursement you need:

- An invoice for the tickets.
- A receipt (showing that you have paid the money) – only for train and bus tickets; - printed document showing that the money was paid (receipt, bank confirmation etc.) – for the airplane tickets; - Flight ticket (with the name of the passenger and flight details);
- All boarding passes;
- A printed confirmation of reservation. Please, make sure that you have all these papers when you come to the Youth exchange (of course, the return boarding passes might be sent after the TC).

P.S. Please send us the prices of the tickets when you have them, so we could plan our budget. Reimbursement will be done on bank account of our partner organizations. Please note that we cannot reimburse travel costs if you lose your tickets or we do not receive all details and proofs of your expenses! Please, do not buy any tickets before our approval!

- **Personal insurance** cover for personal effects is the responsibility of the individual participant. Participants are expected to provide themselves adequate medical and travel insurance to cover the period of your stay in Albania, which we strongly recommend. Neither our organization nor any venue used during the event can entertain claims against loss of or damage to personal property.

Application Form



APPLY ONLINE

Contact us

For more information please contact by email: info@togetherforlife.org.al

Check out our Facebook page at <https://www.facebook.com/PowerOnCompetencies/>